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National Health Mission-HP
SDA Complex, Kasumpti, Shimla-9
Himachal Pradesh
Dated: Shimla-171009, the



Advisory on COVID-19 Precautions

598
6/6/2025

There has been a recent increase in COVID-19 cases reported across the country, which may potentially impact the State of Himachal Pradesh in the near future. In light of this, the Health Department has already issued instructions to all Chief Medical Officers, Principals of Medical Colleges, and Medical Superintendents of Government Hospitals to maintain a high level of vigilance, closely monitor the situation, and take all necessary preventive measures.

The department is also actively monitoring cases of influenza and the common cold being reported at various healthcare facilities.

In view of the above, the general public is advised to follow the precautionary measures listed below to help prevent the spread of COVID-19 and other respiratory infections:

1. Mandatory wearing of masks within hospital premises for all individuals visiting healthcare facilities
2. The use of masks is strongly recommended for senior citizens, children, and individuals with co-morbid conditions, especially when visiting crowded places.
3. Maintain adequate social distancing in crowded public areas.
4. Practice proper hand hygiene, including frequent washing of hands with soap and use of hand sanitizers.
5. Individuals experiencing influenza-like symptoms (e.g., cough, cold, fever) should promptly report to the nearest health facility for their medical check-up as well as avoid close contact with others, particularly with vulnerable groups such as the elderly, young children, and pregnant women.
6. Ensure regular disinfection of frequently touched surfaces such as door handles, railings, and public utility areas.

The cooperation of the public is essential in controlling the spread of infections and safeguarding community health.


-Approved by-
Secretary (Health)
to the Govt. of Himachal Pradesh



Endst. No. As above

Copy forwarded for information to:

1. All MPs/MLAs in the State of Himachal Pradesh.
2. Media Advisor to the Hon'ble Chief Minister Himachal Pradesh.
3. The Principal Secretary to the Hon'ble Chief Minister Himachal Pradesh.
4. All the Administrative Secretaries to the Govt of Himachal Pradesh.
5. OSD to the Hon'ble Chief Minister Himachal Pradesh.
6. OSD to the Hon'ble Deputy Chief Minister Himachal Pradesh.
7. Press Secretary to the Hon'ble Governor Himachal Pradesh.
8. Director Information and Public Relations, H.P. for information and necessary action for wide dissemination of the said advisory.
9. All the Deputy Commissioners, Himachal Pradesh.
10. All the Heads of the Departments, Himachal Pradesh.
11. All the Principals Medical Colleges, CMOs of Districts, & MSs of Govt. Hospitals Himachal Pradesh for information and necessary action for hospital preparedness regarding COVID-19.
12. All District Surveillance officers for information and necessary action.


Mission Director
National Health Mission
Himachal Pradesh